



School of Traditional Medicine, Shahid Beheshti University of Medical Sciences

The school welcomes international scholars to attend the PhD courses as well as the postdoc programs in traditional medicine, traditional pharmacy and medical ethics. There are also several short-term courses and workshops certificated by Shahid Beheshti University of Medical Sciences. There are three main fields comprising a diversity of subjects.

Traditional Medicine workshops

1- Principles of Iranian Traditional Medicine (ITM)

- Principles of ITM are based on the four humors (blood, phlegm, bile and black bile) as the fundamentals of diagnosis of temperament. Health is the result of balance between these four humors

2- Temperament determination

- Determination of temperament in health and disease



3- Health maintenance

- Six principles of life style according to ITM

4- Principles of treatment in ITM

- Categorizing diseases and principles of their treatments

5- ITM manipulative techniques

The theory and practical training of ITM manipulative techniques include bloodletting, dry cupping, wet cupping (Hijamat), leech therapy and Iranian massage

Traditional Pharmacy workshops

1- Medicinal herbs and herbal medicines

- Temperament, indication and drug information in ITM and modern medicine

2- Quality control of medicinal herbs

- Assessment of quality in herbal materials according to Pharmacopeia and available valid documents

3- Galenical formulation

- Formulating galenical products according to ITM references



4- Ethnobotany

- Studying the local and regional knowledge about plants in different locations of the country.

5- Biological evaluations

- Evaluating different biological activities of plants including anti-malaria, cytotoxicity, apoptosis, acetyl cholinesterase inhibitory activity and antioxidant properties



Medical ethics courses and workshops

1- Clinical ethics

- Ethical considerations in clinic including informed consent, privacy, ... and responsibilities of hospital ethical committee

2- Communication skills in healthcare providers

- Principles of communication skills, skills in expressing bad news, confronting aggressive patients, principles of communication with patients family

3- Islamic ethics and other religions approaches

- Principles of ethics in Islam and other religions

4- Ethical considerations in the beginning and end of life

- Ethical principles in abortion, laboratory and diagnostic tests during pregnancy, genetic modifying, end of life caring, euthanasia

5- Ethics in research and publications

- International principles of ethics in research; history and codes of ethics in research; ethical considerations in publishing; avoiding plagiarism

Scientific tours

Scholars can participate in nature exploring tours for enhancing their knowledge about medicinal plants and their morphological characteristics.

