



**SBMU**

# **Student Dress Code**

**Shahid Beheshti University of Medical Sciences**



At Shahid Beheshti University of Medical Sciences (SBMU), professionalism in both appearance and conduct is a foundational value. As members of the academic and clinical community within the Islamic Republic of Iran, students are expected to present themselves in a modest, clean, and respectful manner that reflects Islamic principles and aligns with societal norms.

This dress code is intended to uphold the dignity of the medical profession, foster a respectful educational and clinical environment, and honor the prestige of both the university and the nation.





# General Guidelines

- Students must wear attire that fully covers the body in accordance with Islamic guidelines. Clothing should be modest, loose-fitting, and appropriate for academic, clinical, and administrative settings.
- Outfits must be clean, neat, well-maintained, and free from excessive ornamentation or overly bright or flashy colors.
- Casual or non-academic clothing-such as party wear, sportswear, or trendy fashion items-is not appropriate in university or clinical environments.
- Clothing or accessories that may be deemed offensive, inappropriate, or culturally insensitive are strictly prohibited.



A photograph of two female healthcare professionals, likely nurses, smiling at the camera. They are wearing white lab coats and hijabs. The woman on the left is wearing a white hijab, and the woman on the right is wearing a light pink hijab. They are standing in front of a blurred background that appears to be a hospital or clinic setting.

## **Women's Dress Code**

- Hair must be covered at all times with a scarf or other suitable head covering.
- A long manteau (overcoat) and full-length trousers are mandatory.
- Arms and legs must be fully covered; short sleeves, sleeveless tops, and short or tight-fitting pants are not permitted.
- Transparent or sheer fabrics are not allowed.
- Clothing and accessories that are overly flashy or attract undue attention should be avoided.

A photograph of two male healthcare professionals, likely nurses or doctors, in a clinical setting. They are both wearing blue scrubs and light blue surgical masks. The man on the left is looking towards the right, while the man on the right is looking at an X-ray film held up by a hand on the right side of the frame. The background is a plain, light-colored wall.

## Men's Dress Code

- Sleeveless shirts, boxer shorts, tight or low-rise pants, and clothing with excessive or distracting designs are not permitted.
- Wearing ties, bow ties, or flashy accessories is discouraged.
- Hair and overall appearance must be neat and well-groomed, in keeping with professional standards.





## Footwear

- Shoes must be clean, simple, and appropriate for academic and clinical settings.
- Slippers, flip-flops, high heels (exceeding 9 cm), and shoes intended for parties or social gatherings are not allowed.
- Socks must be worn at all times within university and clinical environments.





## Jewelry and Accessories

- Modest accessories, such as a wristwatch or simple ring, are acceptable.
- Excessive jewelry, overly showy fashion items, unconventional hairstyles, and body piercings are not permitted.

A photograph of a Straumann Group exhibition booth. In the foreground, two men in white lab coats are engaged in conversation. The man on the left has a beard and glasses, while the man on the right is clean-shaven. In the background, another person in a lab coat is visible, and a fourth person is partially seen on the far right. The booth features a large 'straumanngroup' logo on the wall and a 'navi.' logo on a white pillar to the left. A poster with a person's face is also visible in the background.

straumanngroup

## Makeup and Fragrance

- Makeup or cosmetics that attract attention are not allowed.
- The use of strong perfumes or colognes is discouraged, particularly in clinical areas where patients' comfort and sensitivities should be respected.

A photograph of two women wearing black hijabs, seated at a desk and writing on papers. The woman in the foreground is leaning forward, focused on her work. The background is slightly blurred, showing a window and a door frame. A semi-transparent dark blue box with a red header is overlaid on the lower half of the image, containing text about personal hygiene and grooming.

## Personal Hygiene and Grooming

- High standards of personal hygiene must be maintained at all times.
- Nails should be kept short and clean. Nail polish and decorative nail art are not permitted.
- A clean, well-groomed appearance is essential to reflect the professionalism and integrity associated with SBMU.

By adhering to this dress code, students demonstrate respect for cultural and religious values, contribute to a professional and inclusive learning environment, and uphold the standards of Shahid Beheshti University of Medical Sciences and the broader medical community.



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