

## Personal information:

**First name:** Hadi

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**Date of birth:** 1335/12/26

**Nationality:** Swedish and Iranian

**Job Title:** Psychoanalyst, Group Psychotherapist, Psychotherapist, Supervisor

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**CV last edited on:** 2023

## EDUCATION & TRAINING :

- M. Sc. in Behavioral science, 1994, Uppsala University.
- Psychotherapist (Licensed), 1999, Swedish Psychotherapy Society, Stockholm, 7 years (including 5 years of education and 2 years of practice).
- Psychotherapy supervision, 2003, Swedish Psychotherapy Society, Stockholm, 2 years.
- Psychoanalyst, 2013, Swedish Psychoanalytical Association (Member of the International Psychoanalytic Association, IPA), 6 years.

### Courses and further education:

- Basic course in treatment and social rehabilitation, according to the Minnesota model, Mid Sweden University Sundsvall/Härnösand.
- Training course in diagnosis & assessment of alcohol/drug dependence (MACH, Minnesota Assessment of Chemical Health), Uppsala City Council.
- Interpretation course (authorized), Uppsala University.
- Orientation course in cognitive therapy, The Swedish Institute for CBT & Schema Therapy, Stockholm.
- EMDR (Eye Movement Desensitization and Reprocessing) therapy training course (Level1), Uppsala County Council.
- Debriefing training course, Previa, Uppsala.

## APPOINTMENTS:

- Founder of DynaSpace AB, Uppsala.
- Founder of Working Group for Studies of Leaders and Organizational development (WOGSLO) in Mashhad, 2020.
- Board member and professor at the Tehran Center for Psychoanalysis Studies (theTCPS) in Tehran, since 2020.
- Co-founder of Hamrah Institute in Tehran, 2023.

## RESEARCH INTERESTS:

- Group Therapy
- System Psychodynamic of Organizations

## PUBLICATIONS:

### *Books:*

- Translating the book "The system psychodynamic of organizations" to Farsi.2020.ISBN:978-622-257-475-8.
- Publishing and writing the introduction the Farsi translation of the book "Introduction to Group-Analytic Psychotherapy Studies in the Social Integration of individuals and Groups". 2018. ISBN:978-600-247972-3.
- Translating from English and writing the introduction the book "From the Couch to the Circle: Group Analytic Psychotherapy in Practice". ISBN:978-0415672207.
- Writing the introduction on the Farsi translation of the book "Coaching in-depth" (has not been published yet).
- Translating the book "Mentalization: Playing with Reality" from Swedish (is in the editing process).

### *Articles:*

- Rahimi Danesh H, Rajai Z. *Different effects of pandemics on individual and social life through the perspective of psychoanalysis*. Sokhan-e-Siavoushan (Discourse of Siavoushan)-(Cultural-Social Journal- No.8).2020 spring.39-50

- Rahimi Danesh H, Rajaei Z. *An Approach from Winnicott perspective to the internet form of psychoanalysis and psychotherapy analytical challenges*. Sokhan-e-Siavoushan (Discourse of Siavoushan)-(Cultural-Social Journal- No.10).2021 spring.373-382
- Rahimi Danesh H, Ghaffarihosseini F. Translation and introduction on *How much time does psychoanalysis take?* Sokhane-Siavoushan (Discourse of Siavoushan)-(Online Website: [www.siavoshan.ir/روانکاوی-چقدر-زمان-میبرد؟](http://www.siavoshan.ir/روانکاوی-چقدر-زمان-میبرد؟)). ۲۰۲۳ spring.

#### **Research Projects:**

- On the abuse of immigrants (In Swedish), Uppsala City Council, 1994.
- Drug situation among students at the high school in Uppsala 1996 (in Swedish), Uppsala City Council, 1996.

#### **CONFERENCE/ POSTER PRESENTATIONS:**

#### **Lectures and Presentations:**

- Oral Lecture at Ebne Sina Hospital, Mashhad University of Medical Sciences on "Narcissism". Mashhad, January, 2019.
- Oral lecture at The 3rd Iranian Congress of Psychoanalysis and Dynamic Psychotherapy "Immigration and Trauma". Tehran, April 2019.
- Panelist at The 3rd Iranian Congress of Psychoanalysis and dynamic psychotherapy 2019.
- Webinar host at Working Group for Studies of Leaders and Organizational development (WOGSLO) webinar "What is Group Therapy and what does it do?" February, 2021.
- Panelist at Working Group for Studies of Leaders and Organizational development (WOGSLO) webinar "Role, Group and Organization". September, 2021.
- Panelist at Working Group for Studies of Leaders and Organizational development (WOGSLO) webinar "Corona life, death". May, 2021.
- Webinar host at Working Group for Studies of Leaders and Organizational development (WOGSLO) webinar "on Tavistock way of Thinking". June, 2021.
- Panelist at Psychodynamic Psychiatry webinar on "Professional Boundaries and Challenges". April, 2022.
- Webinar host at Psychodynamic Psychiatry webinar "negative reactions to therapy". November, 2022.

- Panelist at Psychodynamic Psychiatry webinar "the psychoanalytic views of immigration". December, 2022.
- Webinar host at Psychodynamic Psychiatry webinar "on mourning". February, 2023.
- Webinar host and panelist at Psychodynamic Psychiatry webinar, "on the book From the Couch to the Circle: Group Analytic Psychotherapy in Practice". March, 2023.
- Panelist at Iranian Psychotherapy Association online webinar on "Individual, Group and Organization". March, 2023.

***Group Relations Conference:***

- Working as Staff member in 13 Group Relations Conferences for 2000-2023 in Sweden and Netherland.

**THESIS/ DISSERTATION (ADVISOR):**

- "Does the sun shine on everyone the same?" Dissertation for Group Analysis Diploma, 1993.
- "The 18<sup>th</sup> question" Dissertation for Psychoanalysis training program at the International Psychoanalysis Association (IPA), 2011.

**TEACHING EXPERIENCE:**

- Teaching and supervising at the Tehran Center for Psychoanalysis Studies (theTSPC) since 2020.
- Supervising and working with Psychotherapy Fellowships of Roozbeh Hospital, Tehran University of Medical Sciences and the Psychiatry residents at Ebne Sina, Mashhad University of Medical Sciences.
- Organizing and teaching courses on "two-year education in Group- Analysis 2020-2022" program, cooperating with GAI.
- Organizing and teaching courses on "two-year education in Group- Analysis 2022-2024" program, cooperating with GAI.
- Organizing and teaching courses on the "Introduction to Group Therapy" program 2022-2023.

## **WORKSHOPS:**

- **Group therapy workshop at Shafa Hospital, Gilan University of Medical Sciences, Rasht, 2018.**
- **Group therapy workshop in The 3rd Iranian Congress of Psychoanalysis and Dynamic Psychotherapy, Tehran. April, 2019.**
- **Director of the Group Relations Workshop online/ at person in Mashhad. Jun, 2021.**

## **HONORS / AWARDS:**

**29 current ongoing assignments concerning supervision both on group and individual level. Some of the most relevant are listed below:**

- **Leadership supervision, Pain center, Uppsala University Hospital.**
- **Staff supervision at a treatment center for girls with self-harm behavior.**
- **Leadership and staff supervision, Forensic psychiatry, Uppsala University Hospital.**
- **Staff supervision, Uppsala City Council, Social Service Center for and children and adolescents.**
- **Supervision of Students in Psychology, Uppsala University.**
- **Teacher, Professional training course for psychotherapists focusing on the treatment of children and adolescents, the Erica foundation, Uppsala.**
- **Conducting individual psychotherapy and psychoanalysis for a large number of clients in Uppsala.**
- **Staff member of the one-week group-relation conference organized by Arbetsgruppen foer Studium av Ledarskap och Organisation (AGSLO, the Swedish Foundation for the Study of Leadership and Organization) in the Taivistock tradition 2000-2006.**
- **Teaching at the program in Psychology at Lunds University during 2006 and 2007 (in the Taivistock tradition).**

## **LANGUAGE SKILLS:**

- **Fluent in Swedish, English and Farsi**

## **PROFESSIONAL SOCIETY MEMBERSHIPS:**

- **Member of the Gruppanalytiska Institutet i Stockholm (GAI)**
- **Member of the Tehran Center for Psychoanalysis Studies (TCPS)**
- **Member of the International Psychoanalytic Association (IPA)**

- **Member of the foundation council of AGSLO (the Swedish Foundation for the Study of Leadership and Organization)**
- **Member of the Swedish National Association of Psychotherapy (RPC)**
- **Member of the Swedish Psychoanalytical Association (SPAF)**