
The First Graduate Guest Fellow in Endourology and Laparoscopy From I.R. Iran

My **two-year** fellowship at Shahid Labbafinejad Medical Centre (Shahid Beheshti University of Medical Sciences), in **Tehran city, Iran** began in September 1st 2007. Shahid Labbafinejad Medical Center is the largest urology training center in Iran offering fellowships in subspecialties of Urology, including Endourology and Urolaparoscopy, Pediatric Urology, and Renal Transplantation. I was the only overseas fellow coming from Kuwait. I was warmly welcomed by the head of the department, Professor Nasser Simforoosh, colleagues and other seniors in the department.

The first nine months of my training fellowship was in **Endourology**- Percutaneous Nephrolithotomy (PCNL) and Transurethral Lithotripsy (TUL). The training program was well structured with the initial 2 weeks spent observing the procedures, followed by assisting for the next 3 months and later performing the procedures under supervision. The work load in the department was heavy with 15 to 20 PCNLs being performed every week. This gave me a complete outlook of the various facets of managing patients. I also observed PCNL being performed in complete supine position with ultrasound guidance.

The next 15 months, started from June 1st 2008, was spent on **Laparoscopic urology**. The same structured program was followed. I had the opportunity to assist and later perform Laparoscopic surgeries. Since the hospital is a tertiary referral center, the patients come from all parts of Iran and also from nearby countries. Hence, even advanced Laparoscopic surgeries, including Radical Cystectomy, Radical Prostatectomy, and Partial Nephrectomy are performed on a regular basis.

The academic program was also excellent with weekly urology clubs and monthly meeting of Tehran urologists. A quarterly Laparoscopic

training workshop for urologists from all over Iran was carried out in our center with facilities for animal lab. Annual national urology conference was also held by our department. There was an excellent Library available with all the important international journals.



**Dr. Shabir Almousawi -
Kuwait**

I enjoyed my stay at Tehran thoroughly. The people were very friendly. I should also mention my Professors who are among the top urologists in their subspecialty. They are also very amicable and approachable.

I completed my fellowship in September 30th 2009 and joined Al-Amiri Hospital in Kuwait. Now, I am doing well and I perform PCNLs and different laparoscopic surgeries regularly. I am thankful to Professor Nasser Simforoosh for this wonderful opportunity and I am also grateful to Professor Abbas Basiri, and doctors Tabibi, Ziaee, Nouralizadeh, and Sharifiaghdas for making me a confident and successful urologist.

Abbreviated CV:

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Graduation:

I.M. Sechenov Moscow Medical Academy, General Medical Degree– Bachelor of medicine in 1998.

Higher Qualifications:

MD, PhD in Urology from the Research Institute of Urology of the Ministry of Health of Russian Federation in 2003.

Subject of dissertation: "Urgent Transurethral Ureteropyeloscopy in Diagnosis and Treatment of Kidneys and Upper Urinary Tract Diseases".

Endourology – Laparoscopy fellowship at Shahid Labbafinejad Medical Center-Tehran, Iran, www.iurtc.org.ir – 2 years (From Sept, 1/ 2007 till Sept, 1/ 2009).